

MAY 2017

Placentia Library *Adult Services*



Placentia Library District

411 E. Chapman Ave. Placentia, CA 92870
(714) 528-1906

information@placentialibrary.org
www.placentialibrary.org



Local History Lecture Series:

Floods and Droughts - A Brief History of the Famous

Placentia Water Tower

Monday, May 1, 6:00 - 7:00 p.m.

PLD Community Meeting Room

Discover how drought and water contamination are just part of the backstory to our famous water tower installation.

Adult English Conversation Club

Fridays, May 5, 12, 19, 26
9:30 - 11:00 a.m.

PLD Community Meeting Room

Book Club!

The Marriage of Opposites

Tuesday, May 9, 12:00 - 1:00 p.m.

History Room

Microsoft Excel

Tuesdays, May 9, 16 and 23, 6:15 - 7:45 p.m.

PLFF Computer Lab

Create spreadsheets with hands-on exercises using Microsoft Excel 2013. Recommended for the intermediate computer user. Four-part workshop. Space is limited. Register ahead. Walk-ins are welcome based on space availability.

Mindful You!

Saturday, May 20, 10:00 - 11:30 a.m.

PLD Community Meeting Room

Stress saps our energy, undermines our health, and makes us more vulnerable to anxiety, depression and disease. Join us for a 90-minute workshop designed to give you a taste of Mindfulness (meditation, skills and practices) and how you can integrate it into your life. Learn how you can calm your mind and body to help you cope with illness, pain and stress. No registration is required.



Adult Program Registration

Saturday, May 20 at 9 a.m.

Register for June- August programs.

All registration must be done in person at the Information Desk. Must be a Placentia or Anaheim Library cardholder. Walk-ins will be admitted to programs based on the space available after registered participants.

Yoga*

Tuesdays, May 23 - June 27, 6:30-7:30 p.m.

PLD Community Meeting Room

Are you looking to try or practice yoga in a fun and informal environment? This class will begin with seated adaptations of yoga from a chair, then move to the Sun A and Triangle series, working toward connecting breath to the movements. The class will conclude with participants on the floor in seated and gently twisting poses. Walk-ins are welcome based on space availability.

Stress Reliever

Adult Coloring

Thursday, May 25, 6:15 - 7:45 p.m.

PLD Community Meeting Room

Enjoy a coloring session ending with meditation to send you on your way relaxed and refreshed. Must be 18 years or older. No registration required.

Volunteer Orientation

Tuesday, May 16, 6:00-7:45 p.m.

PLD Community Meeting Room

Become a Placentia Library volunteer today! Ages 12 and up only. Please complete a Volunteer Application before attending; late arrivals will not be admitted.

Tutors Wanted!

No Experience Needed!

The Literacy Program is in need of volunteers to help tutor adults for our English Literacy and Computer Literacy programs. No tutoring experience necessary. If you are interested, inquire at the Information Desk or call (714) 528-1906, ext. 214 for more information.

Library Closure Dates:

Monday, May 29 in
observance of
Memorial Day

