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School: Valencia High                      Grade: Junior

Book Title: Ten Miles one Way

Book author: Patrick Downes

Rate 1-5: 3

Ten Miles on Way is a novel about two teenagers walking ten miles in the city of San Francisco. This book highlights the beauty of exploring one's mental state through a story of love and acceptance. The main characters are a boy and a girl named Q and Nest. As they walk every mile, Nest talks and Q listens to whatever she says. She talks about her life, family, past, and her Chimaera. A beast that preys on her mind that causes her to lose herself.

This book was very different and interesting. It's a good read and short since each chapter is a mile in the story. I really liked how the novel explores mental illness in a very different way from other novels I have read. However I really did not like how it changed constantly from one timeline to a different one throughout the novel. The characters were alright but there wasn't really one that was my favorite. The novel in general is okay and an interesting story to read. Personally, I do not really enjoy these types of stories and did not like some aspects of this novel.

I would not recommend this book if you do not like novels that center around someone's mental health. If you do like these types of novels and actually enjoy reading about mental illness then I would definitely recommend this book. However the book itself is short with only ten chapters so it will only take a short amount of time to finish it. After reading it, it did leave me a bit emotional and sad at the end. So I believe that teenagers and young adults would possibly enjoy this book. Although some people might not if they do not like stories that center around mental illness.